

# FNUU Update – Jan 2025

#### Arun Sahai, Chair, BAUS Section of Female, Neurological & Urodynamic Urology

I hope you all have had a good Christmas break and are looking forward to 2025.

The FNUU Committee currently compromises Suzanne Biers (Vice Chair), Magda Kujawa (Secretary), Hashim Hashim, Mahreen Pakzad, Nadir Osman, Mehwash Nadeem and James Moore. I would like to thank Andrew Kozan (BSOT rep) for his valuable contributions as he leaves the committee and welcome Ruth Doherty (executive committee member) and Sanad Saad (new BSOT rep) to the FNUU family. A special mention to Mo Belal who now demits as ex Chair for his immense hard work, leadership and contributions to FNUU over the last year. He continues to serve in other roles in BAUS and will stay in close liaison with FNUU. His leadership prior to my arrival in post has set the section in good stead.

I have been in post for 1 year now as chair and along with the committee have been working hard on a number of projects. I thought it would be useful to give you some insights into some of the work we have been doing on behalf of the section and would gladly welcome any comments, questions or feedback (email at end of letter).

#### NHS England work, Pelvic Floor & Neuromodulation Registries

The Pelvic Floor and Neuromodulation Registries are making significant progress. The Pelvic Floor Registry has been completed and is now in the final stages, awaiting testing and NHS England approval. Meanwhile, the Sacral Neuromodulation Registry is online and operational; however, it requires updates, which are currently being overseen by Mahreen Pakzad. Updates in the form of lectures on both will take place at the main BAUS meeting. Work on the service specification for specialised pelvic floor surgery in women (UI and prolapse) is ongoing and involves Mo Belal and myself from the committee. The work aims to update the old documentation and to ensure robust standards and streamlined pathways for managing urinary incontinence and pelvic organ prolapse.

#### GIRFT

Several members of the FNUU committee new and old (Mo Belal, Magda Kujawa, Suzanne Biers, Andy Kozan, Ased Ali and myself) along with BSUG and GIRFT have been working hard on a document centred around 'Improving functional reconstructive urology and urogynaecology service delivery'. The document is in its final stages and should be available in the first quarter of 2025. This builds and updates on the previous documentation 'A strategy for increasing standards of care in female, neurological and urodynamic urology prepared by the FNUU section back in 2010.

## BAUS 16-18 June 2025

Suzanne Biers and the committee have put on an excellent programme for the annual BAUS conference this year and I hope you will join us for as many FNUU sessions as possible. Anne Cameron and Thomas Kessler will be our international invited speakers.

## Joint FNUU/AGURS meeting Bridgewater Hall, Manchester March 11/12<sup>th</sup> 2025

This meeting is the joint andrology FNUU section meeting, last held in Sheffield back in October 2022. A committee from both camps have put together a wonderful and exciting programme. Magda Kujawa, Mo Belal, Suzanne Biers and myself have led on this on behalf of FNUU. The registration for the meeting is heavily subsidised and I encourage you all to come and join us in Manchester. There will be a dinner on the Monday night. We are very fortunate to have 2 international guest speakers from the USA – Lee Zhao and Jeffrey Loh-Doyle join us for the meeting. <u>Registration is now open</u>.

## PILS

Over the last 18 months or so all BAUS FNUU information sheets have been updated by the committee and should be available in the first quarter of 2025. Please let us know if there are any further information sheets you would like to see available for our patients.

### Audit

British audit Of the investigatiOn and referral of woMen with rEcurrent uRinary trAct infectioN using recent Guidance - BOOMERANG

Magda Kujawa is leading on BOOMERANG which is the next BAUS snapshot audit from FNUU. Planned to launch in September 2025, it will assess the management of women with rUTI as they are referred from primary care to Urology. We aim to assess adherence to recent guidance from the Academy of the joint Royal Medical Colleges (AORMC) as well as the updated NICE guidance (NG112) by capturing patients seen in clinic over a 2-week period. We're currently piloting it at sites around the country and there will be further information from the ASG and at the June meeting. The BAUS snapshot audits have become a powerful tool to inform and improve our practice so we're hoping for enthusiastic participation from all units.

### **Consensus Documents**

BAUS consensus document on post-prostatectomy incontinence (PPI): a modified Delphi methodology

The committee along with Nikita Bhatt, who has spearheaded the latest consensus document, have worked hard on this project which is now complete and will be submitted shortly for publication. It will be presented at the annual BAUS meeting later in the year by Nikita.

BAUS consensus document for the management of benign female urethral lesions

Now published in the BJUI.

British Association of Urological Surgeons (BAUS SNS Working Group) Best Practice Consensus Statement for the use of Sacral Neuromodulation (SNM)

This is the focus of the next document and work is already underway with planned publication by the end of the year.

Previous consensus documents are available on the BAUS website under the FNUU section – <u>Guidelines and Publications.</u>

#### Other BAUS FNUU courses and events for the diary

BAUS FNUU Urinary Incontinence & Reconstruction Cadaveric Operating Course - May 15-16 Cambridge Surgical Training Center, Cambridge

A two-day practical course with opportunities to develop skills in female and reconstructive operative urology using cadavers in a simulated operating environment is a must for trainees wanting to develop their reconstructive skills. Many thanks to Suzanne Biers who has organised and will be leading the course again. Trainees - please email <u>es351@medschl.cam.ac.uk</u> to register interest in the course.

#### UKCS – 16-18<sup>th</sup> March, London

A message from the committee chairs Tamsin Greenwell and Jeremy Ockrim -The United Kingdom Continence Society is a multi-disciplinary multi-professional society aimed at furthering the treatment of and research into male and female pelvic floor conditions - including (but not limited to) urinary and faecal incontinence. This year's meeting is being held at the Connaught Rooms in London on Monday 17th and Tuesday 18th March. Pre- meeting courses are being held at the Medical Education Centre at UCLH on Sunday 16th March. It's a very friendly, fun and educational meeting and I'd encourage all to attend. The deadline for abstracts is 9/1/25 - and it's an excellent venue for all colleagues at all stages in their career to present their work! More information can be found on the <u>UKCS</u> website.

## Working Groups

Sacral Neuromodulation WG – thank you for those who met at BAUS in 2024. Hashim Hashim (Chair) and the committee have a number of plans afoot. The consensus document related to best practice, basic training and masterclass course, experts' course, commissioning discussions with NHS England, updates related to the neuromodulation registry and multi-center audit. Another meeting for all neuromodulation leads and users from all centers is likely to take place at BAUS 2025 (tbc and details to follow).

Robotic Functional Urology WG – a committee has been formed which currently is comprised of current / active robotic surgeons under the helm of Arjun Nambiar (Chair). The committee have been constructing PILS, organising courses both basic (May 9-10th 2025, Guy's and St Thomas' NHS Foundation Trust) and advanced (2026 tbc), and will be available for mentorship for new users. The basic course will focus on FNUU members keen to get their first exposure into the world of robotics with plenty of hands-on training on set up, simulators and dry lab tasks as well as some lectures on best ways to set up service and training. Please email <u>nicholas.raison@kcl.ac.uk</u> to register an interest in the course.

# Website / Podcasts/ Bootcamps / Trainee survey

We welcome Sanad Saad as our new BSOT representative on the committee. Sanad will be our liaison with trainees. Mehwash Nadeem will continue to organise a FNUU bootcamp which will take place in Middlesbrough mainly targeted at regional ST3 trainees on the 12th of September. Tamsin Greenwell and myself will be organising another bootcamp focused on ST3-ST6 trainees nationally, considering a career in FNUU. This is planned for September 27-28. More details on both to follow in due course. In addition, we hope to launch FNUU specific podcasts through BAUS and update the information on the BAUS website.

Trainee Survey: We are interested to hear from trainees regarding factors that influence sub-specialist choice. This is being conducted in conjunction with BSOT. It's a quick survey and should take about 2 minutes to complete. The data will be used to understand the current trends amongst trainees and improve training opportunities. If you haven't already done so please take the time to <u>fill in</u> the survey.

I would like to thank the current FNUU committee for all their hard work. There has been a lot to do but it's been a lot of fun working together! I am immensely lucky and very grateful to have such a dynamic, enthusiastic and conscientious group of friends who have given up their free time to contribute so admirably to the FNUU section.

I wish you all the best for 2025 and I look forward to seeing many of you over the year in one of the upcoming meetings or courses.

Best wishes,

Arun Sahai Consultant Urological Surgeon & Reader in Urology Guy's Hospital & King's College London Chair, BAUS Section of Female, Neurological and Urodynamic Urology arun.sahai@gstt.nhs.uk